

## What's on for Dads

## $\underline{\text{Worcestershire}}$

| Offer   | Cost          | Location   | Ran By<br>Contact Details   | Day/Time  | Details   |
|---|---------------|--|---|---|---|
| Who let the<br>dad's out                                | £1 per family | Bewdley Baptist<br>Church, 61 High<br>Street, Bewdley,<br>DY12 2DJ         | Ruth Tiffany<br>01299 403267<br>office@bewdleybaptist.<br>org.uk                        | Second Saturday of<br>the month 09:30-<br>11:30am |   |
| We are Men<br>united CIC<br>Dad's peer<br>support group |               | Brookside Family<br>Hub, Borrington<br>Road,<br>Kidderminster,<br>DY10 3ED | Matthew White 07879 846630  | Every Tuesday<br>Afternoon 13:00 –<br>15:00pm     | Instagram:<br>@we_are_men_united  |
| SUFC<br>Worcester                                       |               | RGS The Grange,<br>Grange Lane,<br>Claines<br>Worcester<br>WR3 7RR         | Sands United Sands United   Sands - Saving babies' lives. Supporting bereaved families. | Thursdays 8pm                                     | SANDS United FC – Worcester -<br>SUFC Worcester  You don't have to be a dad to<br>come along, if you are a<br>grandparent, uncle or any other |



|   |  |  |   | relation we will accept you with open arms. We know the loss of a child effects many men in different ways, and we will try to help anyone who comes along. |
|---|--|--|---|---|
| Becoming<br>Families<br>Dads'<br>Groups | Walsgrove Lodge,<br>Evesham Rd,<br>Egdon, Worcester<br>WR7 4QL | Becoming Families Contact Us and Reviews | Monthly drop in – first<br>Saturday of the month<br>10-12pm (£3)<br>Dadwise – second<br>Monday of the month<br>7.30-9pm (small<br>donation) | https://www.becomingfamilies.co.uk/dads   |

Men's Yoga

£10 x 4 weeks





| Worcester     | Thursdays 7:30-    |
|---------------|--------------------|
|               | 8:30pm             |
| Stourport     |                    |
|               | Monday 7-8:00pm    |
| Kidderminster |                    |
|               | Wednesday 7-9:00pm |

## Online webpage links and courses

www.dadsmatteruk.org

www.thedadsnet.com

https://andysmanclub.co.uk

https://www.sands.org.uk/about-sands/media-centre/news/2019/04/bbc-radio- - football-team-

formed-support-dads-\*\*)

https://www.sands.org.uk/support-you/how-we-: -support/men

Dads and partners | Tommy's

Correct at time of print – please contact the provider to confirm sessions Last updated – December 2024



## **Podcasts**

https://fatheringtogether.org/dads-with-daughters-podcast/

https://www.stillparentspodcast.co.uk/

https://podcasts.apple.com/gb/podcast/how-to-be-a-dad/id1590498321

https://open.spotify.com/show/1.24 46.8 0.362y (IE/p660)1. In)1.9 (I3.2 69. In)4 (n)1. I(I) (IE/s)08idosatá) Fr